



VOLUNTEERING TO HELP THE MGA

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If you would like the opportunity to make a real difference in your local area, then here is your chance to Volunteer to help the MGA.

MYASTHENIA GRAVIS ASSOCIATION

Thank you

Thank you very much for your interest in the work of the MGA. Our branches are all run by volunteers with the help of a paid Regional Organiser. We offer a range of opportunities to volunteer which enable you to make a real difference to the support for people with Myasthenia Gravis, Congenital Myasthenia and Lambert-Eaton Myasthenic Syndrome, in your area.

What is Myasthenia Gravis

You have probably never heard of Myasthenia Gravis, so here is some very basic information written by an MGA Member of his first hand experience of the illness:

Myasthenia Gravis (MG) means muscle weakness. It is an uncommon condition, so much so that it is often not readily diagnosed. My own G.P. had not seen another case in twenty years in general practice. The symptoms are caused by a defect in the transmission of nerve impulses to the muscles.

The muscles and the severity with which they are affected, vary from person to person and are the voluntary muscles, that is those over which we have control. MG affects both sexes, all ages and races.

Sometimes I can walk, talk, chew, swallow and see well. At other times I see double, I cannot speak, move a finger or toe and may even choke. When it is at its worst, I cannot breathe without a respirator. The harder I try to overcome the weakness, the floppier I become, hence MG is often referred to as 'The Rag Doll Illness'. At present there is no known cure, but my weakness can be kept at bay with treatment.

How you can help

Today many thousands of men and women are victims of Myasthenia Gravis, many more remain undiagnosed. With a little help from a friend such as you, we can help support myasthenic patients through our branches, raise funds for research and increase awareness on the part of both the general public and the medical profession.

If you have a little time to spare, whether or not you have any special skills, then please look at the list of the ways in which you could be of help to us. Fill in and return the form and we will then contact you and our R.O. will arrange to visit and discuss the opportunities with you.

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VOLUNTEER

Please tick the posts where you have a particular interest - all posts are open to ladies and gentlemen, young or old.

- I would be interested in being part of the local branch committee and would consider being a Chairman/Secretary/Treasurer or a committee member
- I would like to become involved in organising local fundraising activities
- I would be happy to place collection boxes around the area
- I would like to discuss holding regular coffee mornings to raise funds for the local branch
- I would like to help by visiting Doctor's surgeries, hospitals etc. to ensure they have up to date literature
- I would like to help with street or store collections in the area

Name Title.....

Address

.....

Post Code Tel No:.....

Email

Thank you for completing this form. We will be in touch with you soon. Completed forms should be sent to:

Myasthenia Gravis Association, First Floor,
Southgate Business Centre, Normanton Road,
Derby, DE23 6UQ

MGA is a Registered Charity No. 1046443



GIVE US STRENGTH

Myasthenia Gravis Association

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